

My Home Life England

Supporting compassionate leadership, collaboration and quality development for the care sector

Working alongside the care sector for more than 16 years, My Home Life England at City, University of London is part of an international initiative that delivers quality of life for people living, working and visiting care homes and other care settings.

We work with system leaders at place and across systems to invest in care homes and the wider care sector.

Contact us: mhl@city.ac.uk | 0207 040 5776

1

Professional Support and Development

This well-established leadership programme works with groups of care leaders over a 7-9 month period delivering:

- ✓ Long-term resilience, capacity, skills development & professional confidence
- ✓ Improved quality, team morale and enthusiasm to work in the sector
- ✓ Improved ability to avoid hospital admissions and support quick discharge

For more information [click here](#)

2

Supporting Integration at Place (including enhanced health in care homes)

We bring care leaders together with managers and colleagues from the wider health and care system to explore what 'integration' means for people who live and work in care settings. With an emphasis on co-production, we identify shared visions and help create collaborative relationships that enable realistic and practical change, building on opportunities and supporting local policy approaches.

For more information [click here](#)

3

Creating Connections within Communities

As part of our 'Care Home Friends and Neighbours' programme, we have a strong track record of creating connections between care homes and their local communities. These connections support quality and help build allegiances, enabling care homes to establish a strong reputation that supports recruitment and retention.

For more information [click here](#)

4

Quality Development and Commissioner Support

A virtual course for public sector leaders with a focus on continuous quality development and working in the complex social care sector. This course enables participants from around the country to make connections in a confidential learning network. The course supports participants to share positive practice, drawing on our frameworks and research to help support market development and outcomes-focused commissioning.

For more information [click here](#)