

Become a Care Home Friend! Intergenerational Challenge

Care Home
FaNs
Intergenerational
Linking

WEEK 4

This week we are thinking about the people who work in care homes and the support they give.

Life in a care home

Group discussion

What can you remember about a care home?



Often people move to live in a care home because they need some extra help and support.

Activity: Helping Hands

Let's think about the people who **you** might need help from.

As a class, can you fill in the Helping Hands circles?

Write your answers in the circles.

Who do you often need help from?

Who do you sometimes need help from?

What things do you do for yourself
without needing help?



Roles in a care home



Everybody needs other people to help them in their daily lives. There are lots of people who work in a care home and they help the older people that live there.

★ Have a look at these photos below. How are the carers who work in the care home helping the older people who live there?



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★ What types of things do you like to do in your home?

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★ What things might you like to continue doing when you are older?

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People living in care homes might like to do some of the same things as you, and they might like to do other things. Everyone is different!

Activity: Roles in a care home



People who work in care homes help older people to do the things they want to do. Lots of different people work in care homes. Here are some of them:

Someone who cooks meals	Chef
Someone who arranges fun activities	Activities Coordinator
Someone who helps older people with medication and any illnesses	Nurse
Someone who runs the care home and is in charge	Care Home Manager

Colour in this picture of care home staff. You can choose their names and write them in the boxes.

