

Global Intergenerational Week Assembly – KS3

Teachers Notes

This assembly would also work well as a resource for a tutor group session.

Trigger warning: please be aware of young people who may have recently lost an older family member/ neighbour.

Slide 1: Global intergenerational week is a campaign to connect all those who are passionate about connecting different generations and reducing ageism. In this assembly we will be reflecting on ageism and thinking about care homes and connecting with older people who live there.

Slide 2: Ageing: *What are the best things about being your age? What are the best things about being older? What is ageism?* Ageism – age discrimination meaning people being treated unfairly due to their age. The Equality Act makes almost all cases of age discrimination against the law.

Slide 3: Ageing: *Do you know any older people? What sorts of things do they do with their time?* The first 2 people shown are David Attenborough and Captain Tom Moore. The 3rd older lady shown lives in a care home.

Slide 4: Ageing: *Is there anything older people might find harder to do?*

Slide 5: Ageing: 'Every time we see an older person we need to imagine them as our future self'. Draw attention to the fact that we will all most likely be old one day!

Slide 6: Generations: *What does 'generation' and 'intergenerational' mean? Why might it be a good idea to mix with people of different ages?* Generations: Definitions: generation – all the people born and living at the same time. You might hear people talk about 'the older or younger generation'. Intergenerational – different ages and generations mixing together.

Slide 7-8: What is a care home? Some simple information about different kinds of care homes and how they support people.

Slide 9: Become a care home friend challenge: You may have tutor groups or classes taking part in the care home friend challenge: <https://myhomelife.org.uk/community-engagement/intergenerational-linking/care-home-friend-challenge/>. You can highlight the challenge (a weekly activity over 10 weeks learning and making something to send to your local care home) and encourage others to take part at home. Each student that takes part will receive a certificate.

Slide 10: Intergenerational connections: *What are the benefits of connecting with older people?* Students may recognise that connecting with older people can benefit them in terms of being isolated/ keeping active etc. but can they reflect on how they themselves might benefit from getting to know an older person outside of their family? (students might consider wisdom, friendship, new skills, importance of empathy/ compassion and helping others being good for us or even on a practical level that this kind of social action can be useful for future careers)

Slide 11: time to reflect: *What will you remember? What are you going to do next?* Even if students aren't taking part in the challenge, they may want to think about other actions of kindness and connection they could do for an older person in their family or a neighbour. Faith schools may want to say a prayer as part of their reflection time.

Curriculum Links

PSHE (taken from THE PSHE Association Programme of Study)

Core theme 2: Relationships:

R39. the impact of stereotyping, prejudice and discrimination on individuals and relationships

Citizenship

Pupils should be taught:

the roles played by public institutions and voluntary groups in society, and the ways in which citizens work together to improve their communities, including opportunities to participate in school-based activities