

Become a Care Home Friend! Intergenerational Challenge

Care Home
FaNs
Intergenerational
Linking

WEEK 1

This week we are going to think about different age groups.

Activity: How old is old?

Group discussion

What are the best things about each age?

★ Can you put these people in age order?



Greta Thunberg



David Attenborough



Kamala Harris



Barack Obama



Malala Yousafzai



Marcus Rashford



Tim Peake



Marley Dias

Answer: Starting with the youngest – Marley Dias (b. 2005), Greta Thunberg (b. 2003), Malala Yousafzai (b. 1997), Marcus Rashford (b. 1997), Tim Peake (b. 1972), Kamala Harris (b. 1964), Barack Obama (b. 1961), David Attenborough (b. 1926).

★ How did you know how to order the photos?

We can do amazing things at any age. Can you find out a little more about the achievements of the people above?

These two people have also achieved great things. Can you find out a little more about their achievements?



Captain Tom Moore



Katherine Johnson

Activity: Growing older

Imagine you are 20 years older.

How old will you be?

Think of three advantages of being this age:

- 1
- 2
- 3

Imagine you are 70 years older.

How old will you be?

Think of three advantages of being this age:

- 1
- 2
- 3



These two people are both aged in their 80s. They live in a care home and still do their favourite activities.



Activity: Warning by Jenny Joseph



Watch Jenny Joseph read her poem called 'Warning' or read it below.

When I am an old woman I shall wear purple
With a red hat which doesn't go, and doesn't suit me.
And I shall spend my pension on brandy and summer gloves
And satin sandals, and say we've no money for butter.
I shall sit down on the pavement when I'm tired
And gobble up samples in shops and press alarm bells
And run my stick along the public railings
And make up for the sobriety of my youth.
I shall go out in my slippers in the rain
And pick flowers in other people's gardens
And learn to spit.

You can wear terrible shirts and grow more fat
And eat three pounds of sausages at a go
Or only bread and pickle for a week
And hoard pens and pencils and beer mats and things in boxes.

But now we must have clothes that keep us dry
And pay our rent and not swear in the street
And set a good example for the children.
We must have friends to dinner and read the papers.

But maybe I ought to practise a little now?
So people who know me are not too shocked
and surprised
When suddenly I am old, and start to wear purple.

What do you think is the underpinning message in this stanza?

Do you think the poem encourages you have a positive view of ageing? Why?

How does this stanza compare to the first stanza?

How would you describe the character of the poet's voice in the poem?

★ Try having a go at writing your own version of the poem by using the template below.

When I am an old I shall wear

With a which doesn't go, and doesn't suit me.

And I shall spend my pension on

And and say we've no money for

I shall

And And

And

I shall go out in my

And And

You can wear

And eat

Or only And

But now we must

And And

We

But maybe I ought to practise a little now?

So people who know me are not too shocked and surprised

When suddenly I am old, and start to wear

