

WORD SEARCH

Puzzles are great for keeping the brain active! Create your own word search for older people living in your local care home to enjoy and complete.

Equipment needed

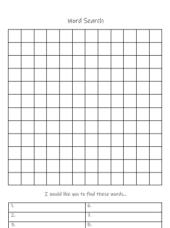
- Pen
- Either paper and a ruler *or* use our word search template

Method

- 1. Think of a theme for your word search. Could it be Spring themed? Beach themed? Animal themed?
- 2. If you're using our word search template, go to step 3.

If you'd like to make your own, use your ruler to draw a large grid on the top half of the page, so that each square is roughly 1cm in width and 1cm in height. Leave space below the grid for the words you'd like the resident to find. You could also decorate your word search based on your theme and give it a creative title.

- 3. Below the grid, list the words that you're going to hide in your word search. Try to vary the length of the words within the theme: for example, dog, horse, elephant.
- 4. Write these words into the word search, spaced out. Remember that words can be 'attached' to one another through a common letter. This helps to give your word search an authentic feel.



						F	Т	S	н
Н	0	R	S	Е					
		E					R		
		L				С	А	Т	
		Е					В		
		Ρ		Т			В		
		н		I			Т		
		А		G			Т		
м	0	Ν	Κ	Е	Y				
		Т		R					
						D	0	G	









5. Once all your words are written into your word search, fill in the remaining squares with random letters.

Remember to use all letters of the alphabet!

6. Once you have finished, take your word search to your local care home! You could deliver it in person or send it via post. You could also include a letter or card with your word search for older people to read and enjoy.

В	Т	G	V	w	Р	R	0	F	Т	S	Н
0	н	0	R	S	Ε	В	М	L	Ν	W	Y
Ρ	С	Т	Х	К	W	Ν	S	J	Y	Н	S
J	0	Μ	Ε	G	Y	R	G	Х	R	Ν	Т
0	В	۷	L	R	В	Ρ	L	С	А	Т	В
S	U	Н	Ε	Н	М	Х	С	Т	В	0	Т
J	W	U	Ρ	U	Т	В	Ι	Х	В	В	U
М	В	С	Н	Т	Т	Ρ	Q	S	Т	0	Ρ
L	U	К	А	۷	G	Μ	В	J	Т	L	G
W	М	0	Ν	К	E	Y	Т	۷	G	U	R
Ν	R	Ρ	Т	Q	R	L	С	Ι	U	۷	L
S	Ν	С	Н	G	V	Μ	Q	D	0	G	Ρ

В	Т	G	۷	W	Ρ	R	0	F	Ι	S	н
0	Н	0	R	S	Е	В	М	L	Ν	W	Y
Ρ	С	Т	Х	К	W	Ν	S	J	Y	н	S
J	0	М	Ε	G	Y	R	G	Х	R	Ν	Т
0	В	V	L	R	В	Ρ	L	С	А	Т	В
S	U	н	Ε	н	Μ	Х	С	Т	В	0	Т
J	W	U	Ρ	U	Т	В	Ι	Х	В	В	U
М	В	С	Н	Т	Ι	Ρ	Q	S	Ι	0	Р
L	U	к	А	V	G	М	В	J	Т	L	G
W	Μ	0	Ν	К	Е	Y	Т	۷	G	U	R
Ν	R	Ρ	Т	Q	R	L	С	Ι	U	V	L
S	Ν	С	Н	G	٧	М	Q	D	0	G	Ρ



research for

healthy ageing